

Baseball Catching Clinic

The Long Island Mariners Sports Academy would like to introduce our Catching Development Program.



Sean Kammerer, NSCHSAA (Nassau Suffolk Catholic High School Athletic Association) All Long Island catcher, graduate of Kellenberg Memorial High School and Sacred Heart University (division 1) will run the program. Sean played professionally overseas in Sweden and Australia. He led the NEC (Northeast Conference) in throw outs (17) his sophomore year.

This Program is a great way for you to keep playing the game you love, and continuing on your Goal to play High School or College Baseball.

Each catcher will do a series of catching stations . You will also condition, do blocking, throwing and receiving drills. If you practice like that every week you are GOING TO GET BETTER!

**\$200 each month.
Sundays Starting Nov. 15th.
10 - 11:30am**

Private lessons for catching and hitting are also available!!!

LONG ISLAND MARINERS
Sports Academy



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